



Jasmine has spent most of her life studying health of people and earth, through systems, patterns and the intersection and interplay of disciplines. Her work is part time clinical, offering integrative medicine consultation as a doctor of East Asian & Functional Medicine and part time land-based: designing and leading the creation of community-based regenerative agriculture projects.

In order to increase access to holistic health care and support the development of youth and community gardens, She works with the Three Treasures Institute non-profit.

She has studied permaculture with [Brock Dolman](#), [Kendall Dunnigan](#) and [Eunice Neves](#) through the Occidental Arts and Ecology Center with a strong focus on social permaculture and with [Geoff Lawton](#), with a strong focus on land-based design systems. She completed her Permaculture Teacher Training in Spain in 2023 with [Alfred Decker](#), [Sonita Mbah](#), [Yau Fang](#) and [Habiba Youssef](#).

You can read about some of her garden and design projects [here](#).